

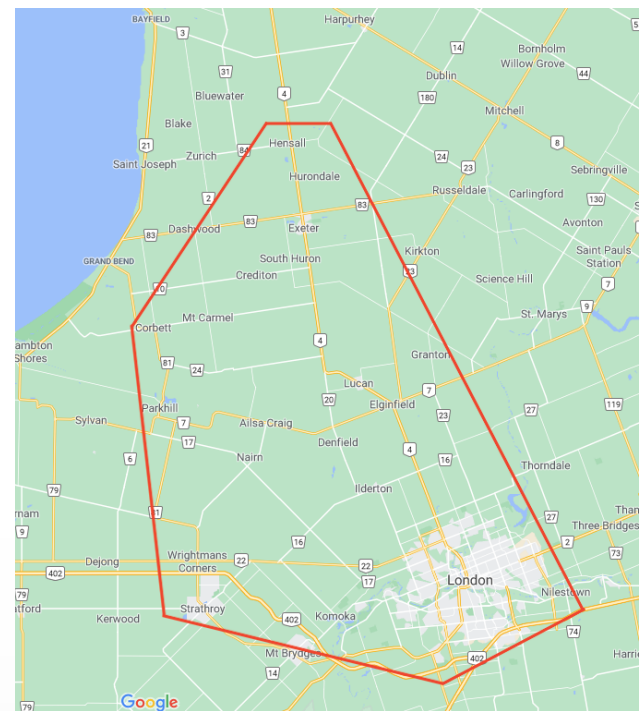
FREE TRANSPORTATION TO MENTAL HEALTH SUPPORT FOR YOUTH



Free transportation to and from mental health support in London for youth ages 16-25 who live in Northwest Middlesex county (includes Lucan, Parkhill, Strathroy, Exeter and surrounding areas).

HOW TO ACCESS:

- 1** Call, text or web chat CMHA's Reach Out crisis line at 519-433-2023 or reachout247.ca
- 2** Reach Out worker will connect youth with a ride via Star Taxi to the CMHA Crisis Centre in London.
- 3** Upon arrival, care and support will be provided, such as assessment, supportive counselling, and/or referrals to other services.
- 4** After appointment is complete, Star Taxi will provide individuals with a free ride back home.



Map of areas served

We are an essential service, we are always open.



SCAN FOR MORE INFORMATION

